

*The Official Newsletter of the Winston Heights - Mountview Community Association*

# **WINSTON HEIGHTS MOUNTVIEW NEWS**

JULY / AUGUST 2013

**Park n' Play  
and Stay n' Play**

**Tuesday, July 2  
to Friday, July 5**

**Piano  
Rodeo!  
Saturday, July 6**



**We're on  
Facebook!**

**Have a safe and happy summer!**

**- your Winston Heights-Mountview  
Community Association**

**We welcome Social Services patients!**

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## **Too soon to think about winter fun? Not at all... think Renfrew Curling!**



The **Renfrew Curling League** is a great way to have some fun and meet wonderful people. This is a non-competitive, adult league that welcomes all skill levels, from beginner to experienced curlers. The emphasis is on having fun, learning and improving curling skills.

**The Renfrew Curling League** will start up again next Fall and all adults are welcome. If you're interested in curling this is the best way to start. **Call Guy Nelson at 403-230-7076 for more information.**

The league hopes to grow to 48 players to fill six sheets of curling ice. We do not allow groups to join as a team. Each year we mix up the teams, with balanced skill levels, so we play with and meet different people. Couples can request to be on the same team.

**We curl at 12:30pm, Saturdays, at Inglewood Curling Club from mid-Oct to late March. A wrap-up banquet is held in late May with a horse-shoe tournament, BBQ dinner, prizes and trophies .**

We would like to gather a list of interested curlers ASAP so we know where we stand with player count. (Alumni have first chance to play.) To get organized early, our first registration date will likely be in August. **Call Guy Nelson at 403-230-7076 for more information.**

## BOARD OF DIRECTORS

**President** ..... DJ Kelly, 403-714-8901  
president@winstonheights.ca  
**Vice-President**..... Alex Reed, 403-276-9311  
vicepresident@winstonheights.ca  
**Treasurer**..... Don Phillips, 403-615-2774  
treasurer@winstonheights.ca  
**Secretary**.....Carolyn Slipp, 403-607-3358  
secretary@winstonheights.ca  
**Director** ..... Kim MacEachern  
**Director** ..... Kim McMillan  
**Director** ..... Stacy Nephin, 403-276-3798  
**Director** ..... Sally Carefoot  
**Director** ..... Christine Johns, 403-510-9080  
**Director** ..... Mary-Beth Walsh, 403-209-1691  
**Director** ..... Sarah Whately, 403-512-8096

## Important Contacts

**Newsletter Editor** ..... Danielle Kuzyk,  
newsletter@winstonheights.ca  
**Hall Manager** ..... Doreen Knopp 403-276-5474  
hallmanager@winstonheights.ca  
**City Recreation Coordinator** ..... Kelly-Swart Davis  
403-221-3966, kelly.swart-davis@calgary.ca  
**Police Liaison** ..... Cst. Wil Johnson, 403-567-6300  
WJohnson@calgarypolice.ca

## Committees

**Activities** ..... Mary-Beth Walsh, 403-209-1691  
**Centennial Garden** ..... Sue Fulkerth, 403-238-1395  
susanfk@telus.net  
**Communications** ..... Sarah Whately, 403-512-8096  
communications@winstonheights.ca  
**Community Garden** ..... Tyler Roscoe, 403-613-8411  
tbot07@gmail.com  
**Events** ..... Lenore Eaton, 403-276-3798  
lpeaton@shaw.ca  
**Executive** ..... DJ Kelly, 403-714-8901  
president@winstonheights.ca  
**Finance** ..... Don Phillips, 403-615-2774  
qtax@shaw.ca  
**Historical** ..... Kathleen Johnston, 403-277-7920  
lkjohn@telusplanet.net  
**Membership Engagement**  
..... Lenore Eaton, 403-276-3798  
lpeaton@shaw.ca  
**Operations and Facilities**  
..... Christine Johns, 403-510-9080  
christine.johns@ucalgary.ca  
**Playgrounds** ..... Alex Reed, 403-276-9311  
vicepresident@winstonheights.ca  
**Planning and Development Review**  
..... Hans Koppe, 403-276-8119  
hans@ckarch.ca  
**Rinks** ..... Stacy Nephin, 403-276-3798  
sjnephin@shaw.ca  
**Traffic** ..... Marcia Xavier, 403-869-6818  
marcia.xavier@shell.com



## Winston Heights - Mountview Community Association

520 - 27 Ave NE , Calgary, Alberta  
403-276-5474

www.winstonheights.ca Email: questions@winstonheights.ca

**Mission:** *Through effective leadership and with a proud sense of history and fun, the Winston Heights - Mountview Community Association meets the needs of our diverse community and membership by providing facilities, programs and services.*

## Winston Heights-Mountview Community Garden

Have you heard? A group of highly engaged community members are planning a Community Garden for the Winston Heights-Mountview area. This garden will be located in the northwest corner of the field adjacent to the Winston Heights-Mountview Community Hall at 520, 27 Avenue NE. Plans are well on their way to break ground in 2014. This garden is going to be professionally landscaped with an emphasis on high structural and aesthetic standards. Plans include 40-50 rental plots, communal plots for sharing gardening resources, an education plot as part of a focus on learning, and a philanthropic plot for sharing harvests. The Community Garden will include a pergola, seating areas and acrylic pathway surfaces that will allow for wheelchair access and will provide an added colourful touch to the garden. This garden will grow an abundance of food and flowers and it will be used by both novice and experienced gardeners.

Are you interested in helping? The Community Garden Steering Committee is always looking for more community volunteers. The committee is also looking for any donations. If you, or someone you know works for a corporation that provides donations for projects like the Winston Heights-Mountview Community Garden, or a corporation that provides funds for volunteers, please contact Tyler Roscoe at tbot07@gmail.com or Stephanie Phillips at sdphillips@shaw.ca. Stay tuned for information about an upcoming Community Garden Information Session in September, 2013.



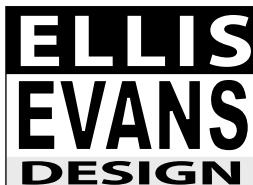
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## newsletter@winstonheights.ca

### WHM NEWS

is the official newsletter of the  
**Winston Heights - Mountview  
Community Association**

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# WHMCA - COMMUNITY NEWS

## Park n' Play and Stay n' Play

July 2-5 at Winston Heights-Mountview

Get ready for Park n' Play (ages 6-12) and Stay n' Play (ages 3-5) this Tuesday, July 2 to Friday, July 5 at the Winston Heights-Mountview Community Hall, 520 - 27 Avenue NE! These summer drop-in programs for kids are FREE and will be run by the City of Calgary. Programs include activities such as making recyclable crafts, large group games, water games, singing and skill games! For more information call 311 or visit [www.calgary.ca/adventuretogether](http://www.calgary.ca/adventuretogether).

Event will be cancelled if the weather conditions are poor (rain).

## New Facility Manager

Introducing Norm Ellen, the new Winston Heights - Mountview Facility Manager. Norm will be managing all aspects of the Winston Heights - Mountview Community Hall at 520 27 Avenue NE including care taking, hall bookings, building maintenance and grounds keeping. Norm, along with his wife Shelley and son, moved to this community 16 years ago. Since that time, Norm has served on the Winston Heights-Mountview Board in a volunteer capacity as sports director and as a member of the Facility Operations Committee. Norm is a tremendous asset to



the Hall, he volunteers his time during events for the Lion's Club and with events and activities such as the Annual General Meeting, the Centennial Garden and the upcoming Community Garden. Norm is an active volunteer for the Calgary North Hill Youth Justice Committee and he volunteers at the Centre Street Church as a live video camera operator.

We are thrilled to welcome Norm into his new position as Facility Manager. If you are interested in renting any of the rooms at the Winston Heights-Mountview Community Hall, you can contact Norm at (403-276-5474) or email [hallmanager@winstonheights.ca](mailto:hallmanager@winstonheights.ca).

## WHM Playgroup

Our last playgroup was on Monday, June 24th, before breaking for the months of July and August, and then **starting up again on Monday, September 9th, 2013**. If you'd like more information on our Monday Playgroup, please contact Mary-Beth Walsh at (403) 209-1691 or at [marybethwalshn2@gmail.com](mailto:marybethwalshn2@gmail.com).

Tuesday's playgroup is now finished for the summer season. Our last Tuesday playgroup was on Tuesday, May 28th, 2013, but **will start up again on Tuesday, September 10th**. For more information about Tuesday's playgroup, please contact Mary-Beth Walsh at (403) 209-1691 or at [marybethwalshn2@gmail.com](mailto:marybethwalshn2@gmail.com).

*Continued on page 6*



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• Coolant flush	• Tires/Batteries
• Transmission and Power Steering flush	• New car and old car scheduled maintenance



**Owner: Earl Reimer**

# 403-277-8621

**1212 Edmonton Trail NE**

## Winston Heights- Mountview

# Newsletter Deadlines

Your new community newsletter is published ten times per year. Dec and Jan are combined into a single issue; July and Aug are combined into a single issue.

**Editorial deadlines are the 10th of the month prior to issue month.**

Eg: June 2013 issue editorial deadline is May 10th.

**NOTE:** one exception - the Sept issue editorial deadline is Aug 1st. Sept issues are distributed earlier.

Send your editorial submissions to: [newsletter@winstonheights.ca](mailto:newsletter@winstonheights.ca)

For advertising info contact: [ellisevansdesign@shaw.ca](mailto:ellisevansdesign@shaw.ca)

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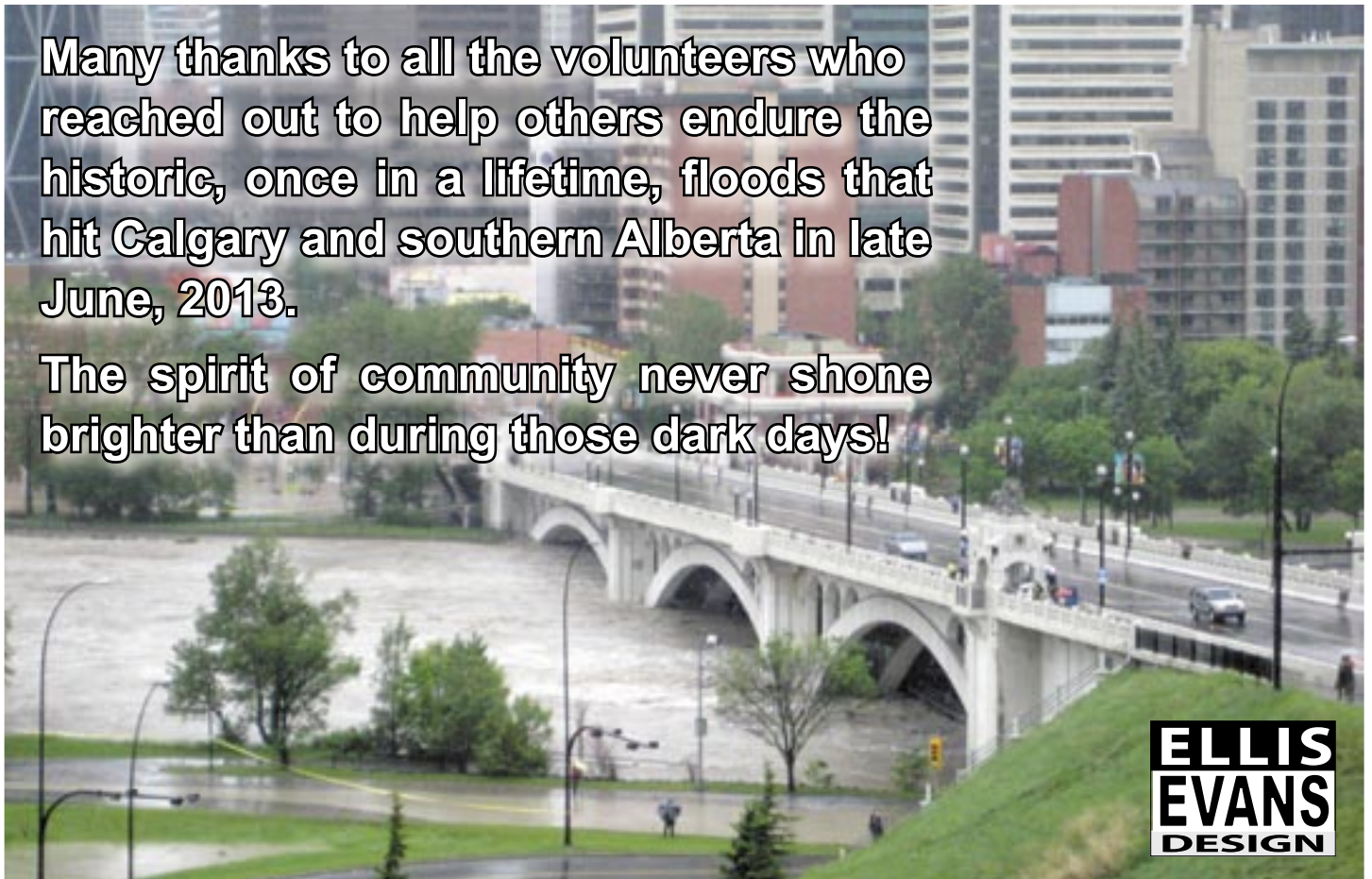
**Phone: 403.710.2069**

Email: [forwardlandscapes@gmail.com](mailto:forwardlandscapes@gmail.com)

Website: [forwardlandscapes.com](http://forwardlandscapes.com)

Many thanks to all the volunteers who reached out to help others endure the historic, once in a lifetime, floods that hit Calgary and southern Alberta in late June, 2013.

The spirit of community never shone brighter than during those dark days!



**ELLIS  
EVANS  
DESIGN**

## 1st Aid/CPR Courses Being Offered at WHM Community Hall

First Aid/CPR Course: July 27 - 28

First Aid/CPR Recertification Course: July 13

Open to the public

Please call 403-226-5994 or register online at [impact-tac.ca](http://impact-tac.ca)

## 4rd Annual Piano Rodeo

The 4rd Annual Piano Rodeo is galloping into town July 6th!

Hey friends and neighbours,

Are you ready for the 4th Annual Piano Rodeo? Can you believe it - it's been four years! And that's why we've decided to call this one....

### A FOURTH OF NATURE!

Rodeo season is back and along with it comes the infamous musical parade where we lasso a piano and roll it through the neighbourhood making music and noise as we go. This year's event will see us tour through the community of Winston Heights-Mountview with a bit of a garden twist. We are going to stop at a couple sites to see some awesome gardens in the neighbourhood before returning back to our back yard for a BBQ and an outdoor movie! We'd love it if you could join us!

**4th Annual Piano Rodeo - Saturday, July 6, 2013**

#### Schedule:

3:00 p.m. - Piano Round-Up & High Tea: A gathering of the rodeo participants for tea before the shenanigans get underway at Annie and Noah's backyard, 633 - 21st Ave NE.

4:00 p.m. - Rodeo and Parade: Departing from Annie and Noah's backyard, looping through the Winston Heights-Mountview community, returning to Annie and Noah's backyard (full parade route to be posted later as well as our yard if you happen to make it after the start).

5:00 p.m. - Backyard BBQ, Croquet, Music Sing-a-long

9:00 p.m. - Outdoor Movie

#### What to Bring:

- songs & musical instruments (especially the parading variety)
- a hat and/or costume (the sillier the better)

- your own cup, plate and utensils
- your own drinks
- food for the grill and/or to share
- your best croquet swing
- a lawn chair

#### Rain Event:

In the unlikely scenario that the weather is unfavourable for playing pianos outdoors, we're going to just hang out at our home and play music there. So you're still invited to bring songs, instruments, picnic supplies, etc! A little rain isn't going to stop a good time. If it's just a passing shower, we could delay the rodeo by an hour if need be.

## Communications Director Needed

The WHMCA is looking for a member of the community who is interested in volunteering as Communications Director! This person will be responsible for overseeing all signage in the community including sandwich boards (with the help of a very talented sandwich board team) and the bold sign at the community hall. This individual will also help oversee the newsletter (with the help of a very talented newsletter editor) and e-newsletter and will manage the website and social media sites for the Winston Heights-Mountview Community Association! If this volunteer position interests you and if you are a resident of the Winston Heights-Mountview community, please contact Sarah Whately at 403.512.8096.

## Save the Date

### Community Recycling and Cleanup

Please mark this date in your calendar: Saturday, September 14, 2013, 9 a.m. - 2 p.m. for the Winston Heights-Mountview Community Recycling & Cleanup Day and BBQ.

Meet at Community Hall Parking Lot (520 - 27 Ave NE).

In cooperation with the City of Calgary and other agencies, the Winston Heights - Mountview Community Association is hosting a community clean-up day. WHM Community Association members will be able to drop off unwanted items (free of charge!) that would normally be taken to a landfill for disposal. Also accepting electronic waste, clothing and small household goods to donate.

## RENOVATIONS, DECKS ETC.

Home reno, new construction, CABINETRY, decks, FENCES...

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Stay tuned for more information in the September newsletter and future e-newsletters. Also, to become a member please see the membership form in the pages of this newsletter.



For more information please call Lenore at 403-276-3798, or email lpeaton@shaw.ca.

## Building Safe Communities

### Going on a Holiday?

Summer is here and a great time to enjoy a vacation! But before you do, make sure your home is as safe and secure as possible. The keys to protecting your home when you are on vacation are not just the ones you use in your deadbolt lock.

Below are a few tips to help reduce your risk:

- Double-check your insurance policy to find out if and when you require someone to check in on your home.
- Give a trusted neighbour or friend a key and trip details and ask them to check in on your home.
- Don't advertise that you are going away.
- Create a lived-in appearance. Be sure the lawn is cared for while you are away and stop any newspapers or have flyers collected from your door or yard. Set lights and a radio/television on timers so your home is not dark during evening hours.
- Encourage a trusted neighbour to park their car in your driveway while you are gone.
- Ensure that your door and window locking devices are working and are locked when you leave.
- Disable your garage door while you are gone. Most have a switch that can be turned off. You can also put a padlock or similar device through the door tracks to ensure it cannot be opened.
- Put away, or secure all lawn furniture or tools (i.e. ladders) so they can't be used to assist a burglar in gaining access to the upper story windows of your home.

For more information please check out our Holiday Safety Guide. You can find it on the Federation of Calgary Communities website ([www.calgarycommunities.com](http://www.calgarycommunities.com)) under the Building Safe Communities icon.

*Continued on page 12*

Foot Health Is Only A Step Away!

## Family Foot Care Clinic

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Twitter: @barbalootcamp

info@goodtree.ca

403.277.1831

[www.crescentheightsbaptist.com](http://www.crescentheightsbaptist.com)   
 [www.goodtree.ca](http://www.goodtree.ca)



## We're on the Web!

Visit

[www.winstonheights.ca](http://www.winstonheights.ca)

for the latest details on

**WHMCA events,**

**programs and more!**



## MEMBERSHIP FORM

**Best deal in town! Only \$10 per family per year!**

**Please make cheque payable to:**

Winston Heights - Mountview Community Association

**Please mail cheque and this form to:**

Winston Heights - Mountview Community Association  
520 - 27 Avenue NE, Calgary, AB T2E 2A6



**Name** \_\_\_\_\_

**Address** \_\_\_\_\_

**Postal Code** \_\_\_\_\_ **Phone** \_\_\_\_\_

**Email** \_\_\_\_\_

Memberships are required for spring sport activity registration (eg: Deerfoot Soccer requires that you have an up-to-date community membership). If you want to rent the hall, members get a discounted rate.

If you want to attend a function such as the Stampede Bar-B-Que you get a discount on your ticket price.

If you wanted to rent a table at the garage sale, you get a cheaper rate when you have a membership.

**To serve you better, please tell us about your areas of interest:**

**Please check all that apply...**

- |  |   |  |   |
|--|---|--|---|
| <input type="checkbox"/> Gardening     | <input type="checkbox"/> Home Renovations | <input type="checkbox"/> Social Events | <input type="checkbox"/> Sports           |
| <input type="checkbox"/> Dancing       | <input type="checkbox"/> Games            | <input type="checkbox"/> Arts & Crafts | <input type="checkbox"/> Kids Programs    |
| <input type="checkbox"/> Travel        | <input type="checkbox"/> Traffic/Safety   | <input type="checkbox"/> Civic Issues  | <input type="checkbox"/> Crime Prevention |
| <input type="checkbox"/> Teen Programs | <input type="checkbox"/> Health & Fitness | <input type="checkbox"/> History       | <input type="checkbox"/> Other            |

If you checked 'Other' please provide details: \_\_\_\_\_

**May we contact you regarding potential volunteer opportunities?**     Y     N

**Please indicate skills and career experience you wish to contribute to your WHMCA volunteer efforts:**

The information provided on this form will be used to keep you informed about future Winston Heights - Mountview Community Association activities. It will not be sold or shared with any other organization. For more information or to be removed from a potential mailing list please contact the Winston Heights - Mountview Community Association at 403-276-5474 or [questions@winstonheights.ca](mailto:questions@winstonheights.ca).





# Protect our environment.

Albertans recycled over 1.8 billion beverage containers last year – more than ever before. Let's continue to do something good for the environment, and make 2013 another record-breaking year.

Find a depot at [albertadepot.ca](http://albertadepot.ca).

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# Area Events and Resource Guide

# Community



**PARK 'N' PLAY:** For ages 6 to 12, 10am - 3:30pm. Park 'n' Play is a free outdoor drop-in program. Join in the fun with games, crafts and other activities. Children will be divided into two age groups where possible (ages 6-8 and 9-12), with age appropriate activities planned.

**STAY 'N' PLAY:** For ages 3 to 5, 10 a.m. - noon Stay 'n' Play is a free outdoor drop-in program. Join in the fun with games, crafts and other activities. An adult/guardian, whose participation in the programs is mandatory, must accompany their child/children throughout the duration of the program. For the best program experience and supervision of your child, we strongly recommended that parents/guardians attend the program with no more than two children within this age group.

Date	Location
July 8 - 12	Crescent Heights, 1101 - 2 Street NW Crossroads, 1803 - 14 Avenue NE
July 15 - 19	Marlborough Park, 6021 Madigan DR NE Rundle, 2409 - 50 Street NE
July 22 - 26	Marlborough Park, 6021 Madigan DR NE
July 29 - Aug 2	Marlborough, 636 Marlborough Way NE
Aug 6 - Aug 9	Calgary Marlborough, 636 Marlborough Way NE
Aug 12 - Aug 16	Renfrew, 828 - 8 Avenue NE
Aug 19 - Aug 23	NE Sportsplex (NESS), 5200 - 68 Street NE

**FAMILIES MATTER – L.E.A.P.** (Literacy, Education, Attachment and Play): visiting selected sites throughout the summer, LEAP consist of a 40-minute session of Parent Child Mother Goose, which focuses on the pleasure and power of using rhymes and songs, followed by a 40-minute parenting topic delivered informally and based on the ages and stages of children 2 to 6

Programming Runs from 10:00am - Noon Programs may be cancelled due to rainfall. Phone 311 to confirm the program is running.

Date	Location
July 15 - July 19	Rundle , 2409 - 50 Street NE
July 22 - July 26	Marlborough Park, 6021 Madigan Drive NE
July 29 - Aug 2	Calgary Marlborough, 636 Marlborough Way NE

## SKATEBOARD PROGRAMS

**Community mobile skateparks – FREE!** There is no age limit. Helmets and signed waivers are required for all participants.

Spring skatepark hours: Monday to Friday, 3 – 7pm

Saturday and Sunday, 10am – 6pm

July 23 – Aug. 7 Vista Heights School, 2411 Vermillion St. N.E.

Aug 9 – 28 Village Square Leisure Centre, 2623 56th St. N.E.

## YOUTH PROGRAMS

**Youth Days:** Youth Days is a skill development program designed to provide youth aged 12 – 17 with the opportunity to learn a new skill.

Cost: free, but registration is required. For ages 12 to 17

**Cooking Week:** Monday – Thursday, July 8 – 11 3 – 6 p.m.

Rundle Community Association, 2409 - 50 Street N.E.

**Music Week:** Monday – Thursday, July 15 – 18 3 – 6 p.m.

Cornerstone Youth Centre, 904 19th St. N.E.

**LEAD PROGRAM:** LEAD is The City of Calgary's youth leadership program. Earning your LEAD certificate is fun to do and leads to credibility, recognition and opportunities at school, work and in the community, more success in your future. Make a difference. Dare to LEAD! Participants are required to complete a minimum of 20 hours of practical volunteer experience. Cost: free, but registration is required. Please contact 311. Monday – Thursday, July 29 – Aug. 9, 10 a.m. – 3 p.m. Calgary Marlborough, 636 Marlborough Way N.E.

## FAMILY EVENTS

**Picnic in the Park – Free!** Enjoy an afternoon of fun in the sun with your family and the staff from CNS East Area Office. Spend the afternoon making kites and playing different games. Pack a lunch for the family and be prepared for a fun-filled afternoon.

Saturday, Aug. 24. Noon - 3pm. Marlborough Park, 6021 Madigan Dr. NE

**Family Pool Parties:** Head out to the pool to celebrate summer!

Hang out with your friends and family while enjoying some music and the party. Regular pool admission applies.

July 6 and Aug. 17. 2 - 4pm. Mt Pleasant Outdoor Pool 2310 - 6th St. NW

**Lawn Chair Theatre – Free!** Bring your lawn chair, enjoy great snacks and live entertainment for the entire family

Thursday, July 18. Rundle 2409 50th St. N.E.

Thursday, Aug. 15. Bridgeland Riverside 7A St. and Centre Ave. N.E.

Highland Park 3716 Second Ave. N.W.



## MOUNT PLEASANT

**Mount Pleasant Community Association**

**Hall: 602 - 22nd Avenue NW**

Hall Rentals: Call 403-282-1314 or email:

hallrentals@mpca.ca

Newsletter email: publicity@mpca.ca

**Pleasant Times – Upper Hall, 602 22 Ave. NW**

Pleasant Times is an adults-only group that meets from 2 p.m. to 4 p.m. on the 2nd Wednesday of each month in the Upper Hall, 602 22 Ave. NW. Join us for good conversation, games, refreshments, and the opportunity to add your ideas for outings and other activities. If you'd like to be informed of our planned activities and trips in advance, please contact Linda at (403) 289-8390 or lohanlon@telus.net. You also can check mpca.ca for information.



**Mount Pleasant Outdoor Pool:** June 15th to September 2nd

Join us for our Special Pool Events -

**Stampede Breakfast:** Wednesday July 10th 8:30 am-11:30am

**City of Calgary Pool Parties:** Saturday July 6th 2-4pm

Saturday August 17th 2-4pm

**3rd Annual Doggie Paddle:** Monday, September 2nd 6:00-8:00pm

**Swimming Lessons** - Swimming lessons are available throughout the summer in 8 separate week long sessions running from 9am-1pm each day.

**Private Rentals** - For private rental inquiries please contact the pool supervisor Jen Zacharias at mpsupervisor@gmail.com or call the pool at (403) 221-4288.

**MPCA Day in the Park** - Sunday August 18, Noon to 4:00pm

MPCA Community Hall. Everyone Welcome!

**Book Club** - 4th Tuesday (usually) of the month from 7 to 9pm in the Lower Hall. Our July 23rd book is *The Distant Hours* by Kate Morton. Our August 27th book will be *Death Comes to Pemberley* by P.D. James and our September 24th book, *Bury Your Dead* by Louise Penny. For more info email lohanlon@telus.net or call Linda at (403) 289-8390.

Winston Heights - Mountview News

## CROSSROADS

**"I live in Crossroads!"**

**Crossroads Community Association**

**Hall: 1803 14 Avenue NE** Ph: 403-277-6201

Hall Rentals: Call the hall at 403-277-6201

Newsletter email: convenor.editor@gmail.com

Facebook page: <http://on.fb.me/fqjJLG>

**Crossroads Community Preschool:** Accepting registrations for the 2013/2014 school year. Please call 403-277-2168 or 403-640-4967.

**Crossroads 50+ Club:** Meet every Monday at 6:30pm at the Crossroads Community Centre. Join us for fun times and meet your neighbours. For information call 403-277-6201 or visit our website at: [www.crossroads50plusclub.com](http://www.crossroads50plusclub.com)

## UPCOMING EVENTS

Family Movie Night – Jul 19

Crossroads Summer Festival – Aug 24 and 25

## BRIDGELAND-RIVERSIDE

**Bridgeland Riverside Community Association**

**Hall: 917 Centre Avenue NE**

Ph: 403-263-5755, Hall email: [hall@brccalgary.org](mailto:hall@brccalgary.org)

Newsletter email: [newsletter@brccalgary.org](mailto:newsletter@brccalgary.org)

**Visit our web site at: [www.brccalgary.org](http://www.brccalgary.org) for a complete listing of programs and classes.**

**Free! Yoga in the Park** - July 20th and August 24th, 9:00-10:30am  
Bridgeland Community Soccer Field, 917 Centre Ave NE  
Please register online [www.leelaecospa.ca](http://www.leelaecospa.ca)

**10 weeks of Zumba!** - Class at Bridgeland Riverside Community Centre every Thursday from 7 - 8pm starting on 27-Jun-2013. Call 403-617-6211 for more information!

**BRIDGELAND WALKS !** - Wednesday, July 31 at 7:00pm to see the Century Homes around the neighbourhood. Meet at the Centre Ave door of the BRCA Community Centre at 917 Centre Ave NE. For more walks check the BRCA website.

## VOLUNTEERS NEEDED FOR 2013 BRCA FUNDRAISING CASINO

The 2013 BRCA Fundraising Casino is scheduled for Friday, October 4th and Saturday, October 5th at Cowboys Casino. Our community relies on local volunteers for this major fundraising event. If you're available to volunteer, please get in touch with Matt Grant, 2013 BRCA Casino Chair at Tel: 403-618-7833 or Email: [mgrant@bdplaw.com](mailto:mgrant@bdplaw.com)

## Lawn Chair Theatre Event

August 15th, 2013 at 6:30pm at Murdoch Park Amphitheatre

**Bridgeland Riverside Playgroup:** We meet Wednesdays from 10am to noon at the Bridgeland Campus of Centre Street Church, 235-8A Street NE. For more information email: [events@brccalgary.org](mailto:events@brccalgary.org).

## TUXEDO PARK

**Tuxedo Park Community Association**

**Hall: 202 29 Avenue NE**

Ph: 403-277-8689

Newsletter email: [tpcanewsletter@hotmail.com](mailto:tpcanewsletter@hotmail.com)

## Tuxedo Events Calendar:

July and Aug - Mondays through Thursdays @ 7:30pm – Tuxedo Walking Club. Meet corner of Center and 27th Ave NW. Call Tammy 403-831-4503  
August 24-25, Dog Trials at Tuxedo Park  
September 12 at 7:30pm – TPCA General Meeting, lower hall, all welcome

# Connections

## Area Events and Resource Guide

### CRESCENT HEIGHTS

**Crescent Heights Community Association**  
**Hall: 1101 - 2nd Street NW**

Hall Rentals: Call 403-804-5600

Newsletter email: chcaview@gmail.com

**Annual Community Stampede Breakfast** : Sunday, July 14th with breakfast served from 9 -11:00pm. Ponies from Griffin Valley Ranch, live band , meet your neighbours. Stampede Breakfast is free to CHCA members. Non-members pay \$5 for adults and \$3 for children.

**Mad Science Camp:** At the Hall from 8am – 4:45pm. July 15 – 19. Also from July 29 – August 2 and August 5 - 9. For info call Steve at 403-263-4140

**Photography Camp:** At the Hall from 8am – 4pm. July 15 – 19. Also from August 19 – 23. For info call Kelly at 403-630-0140

**Invasive Species Control Program:** Mark your calendar for August 17, 9:30 – 11:00 for the Baby's Breath weeding session. Meet at 830 - 9A St. NW Behind house #820) at the base of the hill.

#### Programs at the hall

SUNDAYS: **Pentecostal Church Public Service** 10am – noon

MONDAYS: **Fitness Class** 5-7pm, call Lana 403-999-5373

**Dance and Fitness** 7:30 – 9:30pm.

WEDNESDAYS: **Fitness Class** 6:30-7:15am, call Lana 403-999-5373

**Zumba** 5-7pm, for information call 403-826-5926

**Tai Chi** 7:30 – 9:30pm

THURSDAYS: **Fitness Class** 5:30-8pm. For info call Lana 403-999-5373

For more a more detailed Hall Calendar and for event and activities contact information please visit:

<http://www.calgaryarea.com/nw/crescenths/calendar/diary.asp>

### HIGHLAND PARK

**Highland Park Community Association**

**Hall: 3716 - 2nd Street NW**

Hall Rentals: Call 403-276-6969

Newsletter email: highlandparkeditor@gmail.com

**Music In The Park:** Tuesdays, 5:30 – 8:00pm July 9 to August 27 at the HPCA Hall...rain (inside the hall) or shine. Bring your picnic and come watch some great live music - a great opportunity to showcase some of Calgary's up and coming musicians!

**Lawn Chair Theatre:** Aug 15, 6:30 pm

#### Hall Programs:

**Karate:** Every Monday, 6:15 – 7:15pm (kids), 7:30 - 9:30 (adults)

Every Monday **LEAD Program**, City of Calgary, 7:15 pm – 8:15pm

**Scottish Country Dancing:** Every Tuesday, 7:30 – 9:30pm

**Martial Arts:** Tuesdays & Thursdays, 7:00 – 9:30pm

**Irish Dancing:** Every Wednesday, 5:00 – 9:30pm

**Highland Park Play Group:** Parents and little ones ages 0 – 5 years

When: Mondays 9:30 – 11:00am (unless it is a holiday)

Where: Jubilee Church 458-35 Ave. NW

For more information contact: Carla Rae Shaw at 403-475-0742 or shaw.cr@gmail.com. This group is run by local community residents.



July / August 2013

### RENFREW

**Renfrew Community Association**

**Hall: 811 Radford Road NE** Ph: 403-230-7055

Hall Rentals: Call 403-230-7055 and leave message.

Newsletter: newsletter@renfrewcommunity.ca

**Renfrew Bingo - The little hall with the big payouts!**

**Saturday and Monday evenings.** Nickel Games at 6:10pm, regular games at 6:50pm, Satellite at 8:45pm. Concession open.

**RCA 2011 Stampede Day:** Saturday July 6. Family Fun all morning: 9am-11am **Free Pancake Breakfast.** 10am-1pm **Kids Carnival.** 9am-noon Live Music, Canteen.

**Beer Garden - Best Stampede value in town!** No cover.

Adults only. Fun all evening: 3pm-late Beer Gardens, BBQ, Live Music and Dancing. Games, prizes

**Renfrew Community Pub (Social Room)**

Most Fridays from 7pm until close. Non-members welcome - be our guest. Free pool, free shuffleboard, free foosball.

**Stanley Jones School 100th Anniversary Reunion**

October 4-6, 2013 (Friday to Sunday) at Stanley Jones School, 950 6 Street NE and other locations in the Calgary area. All students, alumni, teachers, staff, administrators (past and present) and anyone connected or interested in this iconic sandstone building are invited. This is a once in a lifetime event! Help us make it memorable! <http://sj100.myevent.com/>, or call Connie McLaren 403-512-7152.

### MARLBOROUGH

**Calgary Marlborough Community Association**

**Hall: 636 Marlborough Way NE** Ph: 403-273-5894

Hall Rentals: Call 403-273-5894 or email

calmarca@telus.net

Newsletter email: cmccnews50@yahoo.com

**UPCOMING EVENTS: Stampede Breakfast** - July 13th

**VOLUNTEERS NEEDED FOR 2013 CMCA FUNDRAISING CASINO**

The 2013 CMCA Fundraising Casino is scheduled for July 22 and 23. Our community relies on local volunteers for this major fundraising event. If you're available to volunteer, please call 403-273-5894

### MARLBOROUGH PARK

**Marlborough Park Community Association**

**Hall: 6021 Madigan Drive NE**

Hall Rentals: Call 403-248-1775

Newsletter email: marlpark@shaw.ca

**UPCOMING EVENTS:**

**Jelly Bean Dance** - Next dance is on Oct. 18 from 7 – 10pm - \$3.00  
Volunteers needed

**Byte Camp** – Aug 26 - 30

**Blood Services:** Canadian Blood Services at the Marlborough Park community centre gym, 6021 Madigan Drive NE, on August 30th.

**Stampede Lunch** – July 7, 11:00am – 1:00pm

**Marlborough Park 40th Anniversary Celebration**

This amazing event is August 24, from 1pm-5pm

Bouncy, Houses, Dunk Tank, Face Painting, Bike Decorating (Weather Dependent). Lots of information on different events and services in the community. Prizes ... and so much more!

**Lego Contest** – coming Saturday, Sept. 21

**AT THE HALL**

**NIA** - Resumes in September.

**Marlborough Park PreSchool:**

On-going Registration. Please call 403-235-2996.

### MARLBOROUGH PARK cont

**Loma Whist Club** Wednesday afternoons at 1pm. Please call Ilene at 403-450-9827 for more information.

**Drop-in Tai Chi** Drop-in Tai Chi is held at the Marlborough Park Community Centre every Tuesday from 9:15 to 10:15am.



### WINSTON HTS - MOUNTVIEW

**Winston Hts - Mountview Community Association**

**Hall: 520 - 27 Avenue NE**

Hall Rentals: Call 403-276-5474 or

Email [hallmanager@winstonheights.ca](mailto:hallmanager@winstonheights.ca)

Newsletter email: newsletter@winstonheights.ca

**4th Annual Piano Rodeo:** Rodeo season is back and along with it comes the infamous musical parade where we lasso a piano and roll it through the neighbourhood making music and noise as we go! Departing from 633 - 21st Ave NE at 4:00 p.m! Yahoo!

**Mom and Tots Playgroup:** There are two playgroups that meet in the WHM Community Hall. Mondays, from 10-11:30am. Tuesdays, from 10am-2pm. For more info contact Mary-Beth Walsh at 403-209-1691. We break for summer after June but resume Sept 9th and 10th.

### RUNDLE

**Rundle Community Association**

**Hall: 2409 - 50 St. NE**

Hall Rentals: Call 403-280-4752

Newsletter email: rumbles@shaw.ca

**Tiny Talkers Preschool:** Starts September 2013

Register Early SPACES ARE LIMITED!

Mon/Wed/Fri Programs 4 Year Olds: 9-11am; 11am-1pm; 1-3pm

Tues/Thurs Programs 2-3 Year Olds: 9-11am, 11am-1pm

Call Tracy 403.703.2102 for more information!

The **Rundle Summit Pub** at the hall - **Rundle's best kept secret!**

The Summit Pub also offers pool tables, dart boards, as well as cribbage games on Tuesday and euchre on Thursdays. Wing night is still on Wednesdays. Families are welcome!

**Stampede BBQ at Rundle Summit Pub - July 13**

\$20/person - Steak Sandwich, baked potato, beans, buns, salad

Meal - 5:30pm, Live Band - 7:00pm. SUDS; Drink Specials...

**NEW! TEXAS HOLD'EM ON Saturday nights at 7pm**

NO CASH INVOLVED. .... Points Based System.

**Crib Night at the Rundle Summit Pub!** Tuesdays 7 to 9pm

Have dinner, play cards and have fun, fun, fun. All welcome.

**Karaoke at the Rundle Summit Pub!** Bring your singing voice and warble your favourite tune! June 5, June 19, July 2, July 16, July 30.

Winston Heights - Mountview News

11

## Edmonton Trail Road Reconstruction Project

The City of Calgary has a program in place dedicated to reconstructing Calgary's aging roadways. Edmonton Trail, from 16 Avenue to 41 Avenue, is the next major roadway on the list for reconstruction. The project will be completed over two years in phases:

Phase 1 – 2013: 28 to 41 Avenues N.E.

Phase 2 – 2014: 28 to 16 Avenues N.E.

The primary focus of this work is on removing the existing pavement and rebuilding the roadway to improve the road's condition. The road will not be widened during construction. Streetlights will be replaced and sidewalks and driveways will be rebuilt. Any existing landscaping disturbed during construction will be repaired.

### Construction start

Construction in the area from 34 to 41 Avenues NE is expected to start in late June. In this area, a storm sewer upgrade will also be undertaken at 35 Avenue, which will involve closing Edmonton Trail at 35 Avenue for short time period. Details of this closure will be provided at a later date. The storm sewer upgrade is needed to increase the capacity of the drainage system in the area to meet the current and future needs.

As construction progresses, the work area will grow to include the area from 28 Avenue to 32 Avenue. Please watch roadways signs and the web page for updates about the timing on the various stages of construction. A water main replacement will also be completed in this area. This utility work may involve also involve short-term road closures and localized interruptions to water service.

The construction work from 28 to 41 Avenues will continue until the end of the construction season in fall 2013. The road will be fully open to four lanes of traffic at the end of construction season. Any work not completed in the fall, such as landscaping or other minor cleanup work, will be completed the following spring.

### Construction impacts

Every effort will be made to keep impacts to a minimum, but construction will cause traffic delays and limit access to roadways and driveways at different times. Any business, residence or service di-

rectly impacted by construction will receive information notices explaining the impacts.

In general, these are the impacts that people will experience during construction:

- Traffic will be limited to one lane in each direction on Edmonton Trail and delays should be expected.
- Intersecting roads, alleys, and driveways may be closed periodically throughout construction.
- The use of large trucks and other equipment will create noise and dust. The City of Calgary works with their contractors to keep noise and dust disturbance to a minimum.
- Bus stops may be closed or re-located.

### For more information

• Construction updates and general project information are available on the web page at [www.calgary.ca/edmontontrail](http://www.calgary.ca/edmontontrail). An animation of what the finished road will look like is available here as are maps of the construction area.

- Please call 311 if you require more information.

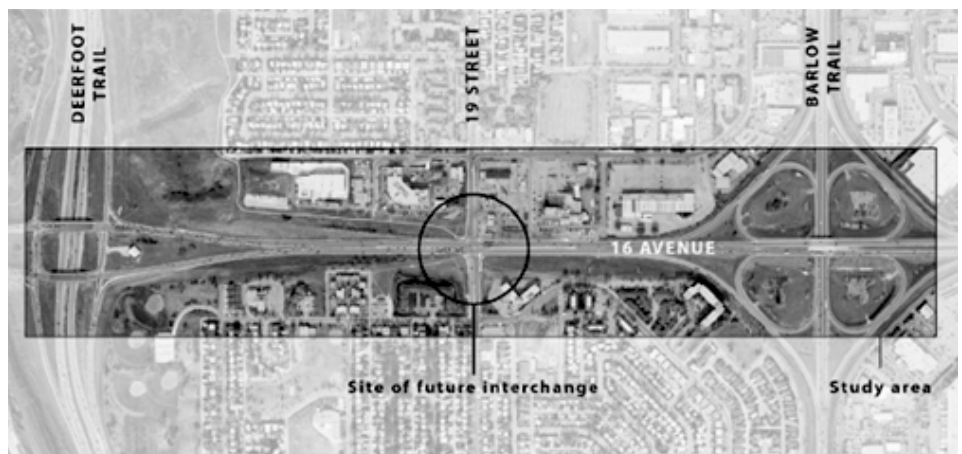
## 16 Ave and 19 St NE Interchange

The City of Calgary is conducting a functional planning study to determine plans for a future interchange and land requirements at the intersection of 16 Avenue and 19 Street N.E. The study will also look at providing more connectivity for people who walk, cycle and take transit.

While there is currently no funding available to construct this interchange, it is identified as a priority in The City's 10-year transportation capital infrastructure plan called Investing in Mobility. Conducting the study now to identify an interchange configuration is important so construction can proceed quickly if funding becomes available. The Council-approved Municipal Development and Calgary Transportation Plans guide this study.

The project team will work closely with stakeholders and the community throughout the study process to develop a preferred concept that considers the short-term and long-term transportation issues at this intersection. Visit [calgary.ca/16Ave19St](http://calgary.ca/16Ave19St) to view the public engagement process and for regular updates.

**Need help?  
Check the  
Classified  
Page 14**



## Louise Riley Library

1904 14 Ave NW

Monday to Thursday 10:00 a.m. - 9 p.m.

Friday and Saturday 10:00 a.m. - 5:00 p.m.

Closed Sundays until mid-Sept.

[www.calgarypubliclibrary.com](http://www.calgarypubliclibrary.com)

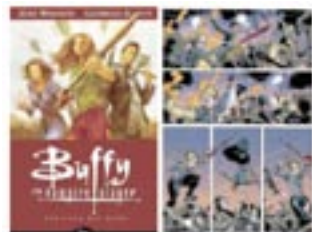


*Programs are FREE with your library card.*

Register in person, by calling 260-2620 or online at [www.calgarypubliclibrary.com](http://www.calgarypubliclibrary.com)

## Summer 2013

*Take us with you wherever you go!*



**Freeding:** Read books online for free! Chillin` with your e-Reader or iPad was never this good! Freeding offers an easy-to-use collection of fiction and non-fiction ebooks. Freeding uses a token system and books are always available (anytime-anyplace), with no wait-times or hold lists. Find out how to get started by visiting our website <http://calgarypubliclibrary.com/books-more/ebooks/freeding>

**The Storytellers** by Ted Lewin is a picture book with lovely watercolours that give you a vivid sense of street life in Fez. A grandfather and grandson walk through the souk marketplace, observing all the professions as they head to their job as storytellers.



**Doc** by Mary Doria Russell. Russell's novel about Doc Holiday and Wyatt Earp is a bold act of historical reclamation that scrapes off the bull and allows those legends to walk and love and grieve in the dynamic 19th-century world that existed before Hollywood shellacked it with clichés.

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### MONDAYS at your library ...

**Computer Technology Coaching:** Drop in for one-on-one, volunteer help on using the Internet and Microsoft Office products. Mondays Jun 3 to Aug 26, 2:00 - 4:00 p.m. *No registration required* (No program on Jul 01, and Aug 05)

### Other programs at your library ...

**Thousand Dollar Thursday:** Join us as the top four finalists for June make their 90-second pitches to the Awesome Team in quest of a \$1000 grant to make their ideas a reality. Presented in partnership with the Awesome Foundation - Calgary. Thursday, Jun 27, 6:00 - 8:00 p.m. *Registration required*

**Ebook Doctor:** Looking for help with OverDrive or Freeding? Drop in for one-on-one help with your ebook and ereader questions. Tuesday, Jul 9, 2:00 - 3:30 p.m. *No registration required*

### Coming soon to your library ...

**Grandparents Day!** Grandparents Day is Sunday *September 8<sup>th</sup> 2013!* Save the date for an afternoon of family fun. It's a carnival of fun for grandparents and kids to experience together. There will be entertainers, storytellers, crafts, games and snacks. Please make the date in your calendar and remember B.Y.O.G. (bring your own grandparent!)

See you soon at the Louise Riley Library!  
Closed July 1 for Canada Day and  
August 5 for Heritage Day



# Area Classified Ads



All Classified ads must be prepaid  
Call 403-276-8108 to book your ad.

## ANIMAL RESCUE



**Adopt - Foster - Volunteer - Donate**

*Our volunteers range in age from young children to seniors and all are animal-lovers who are looking to make a difference.*

To learn more, please visit  
[www.aarcs.ca](http://www.aarcs.ca)

## BED & BREAKFAST

**Hughes' House B & B.** Crescent Hts. area.  
Family-friendly. Visiting relative specials.  
403.804.4431 Visit [www.hugheshouse.ca](http://www.hugheshouse.ca)

## BELLY DANCING

**Lotus Belly Dance Studio** with Ariellah  
Beginner to Advanced - Mon-Thr and Sat  
[www.bellydancetoo.com](http://www.bellydancetoo.com) Call (403) 247-9776  
or email: [lotusbellydance@shaw.ca](mailto:lotusbellydance@shaw.ca)

## CARPET CLEANING SERVICES

**MB Steam Clean Ltd.** - Your carpet cleaner  
403-630-0111 Visit: [www.mbsteamclean.com](http://www.mbsteamclean.com)  
Contact us at: [info@mbsteamclean.com](mailto:info@mbsteamclean.com)

## CHILDREN'S PROGRAMS

**Kindermusik** at Renfrew Hall. Sing, play and learn with your child. For more info call (403) 457-4126 or email: [placusta@me.com](mailto:placusta@me.com)

## CLEANING SERVICES

**TLC CLEANING**, Licensed, Insured, Bonded, WCB Covered, excellent rates and references, enviro friendly options too! Free estimates, call Carol at 403-614-8522

Experienced, reliable, bonded residential cleaner accepting new clients.  
Please call Natasha at 403-999-3603

## COMMUNITY FUNDRAISING

### Local Casino Advisor

Lea has 16 years of experience as a Casino Volunteer Advisor.

Call Lea Lapka 403-277-4499  
[lealapkaadvisor@gmail.com](mailto:lealapkaadvisor@gmail.com)

## DOG KENNEL SERVICES

**WINDCREST KENNELS**  
(403) 285-9303  
243190 RAINBOW ROAD  
Serving Calgary for over 23 yrs!

## EAVESTROUGHING

**Tony Peterson Eavestrough**  
Free estimates, prompt service, quality work  
Call Tony 403-230-7428 (Since 1990)

## HANDYMAN SERVICES

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Licensed, Insured  
Reliable, Honest  
All Projects  
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Call: Doug 403-680-8583

## ELECTRICAL SERVICES

**Airdrie Electric Ltd**  
Serving Calgary & Airdrie area  
*"Service that won't shock you!"*

*Everthing around the home & business...*

Maintenance • Renovations • Construction

Residential • Commercial • Industrial

Licensed • Bonded

**(403) 968-1377**

Free Site Visit & Basic Inspection

**Certified Master Electrician**

**RANDY SPRITT**

*Over 30 years experience!*

## HOME IMPROVEMENT

Tub tired looking-hard to clean-don't like the color? Call Obe / Arlene at **BathMaster** for all refinishing needs! Call 403-293-4810 or [calgary.bath@bathmaster.com](http://calgary.bath@bathmaster.com)

**CLASSIFIED ADS  
WORK - FOR YOU!**

## LAWN & GARDEN SERVICES

*Audrey's Garden Care*

Residential & Commercial  
Experienced, references,  
reasonable rates! Spring &  
fall clean-ups. 403-708-1035  
**Time to beautify!**

## PLUMBING SERVICES

**Superior Plumbing** - Journeyman Plumber  
Gas fitter. Bathrooms/Hot Water Tank/etc  
No job too small! 403-477-9754  
[superior.plumbing@hotmail.com](mailto:superior.plumbing@hotmail.com)

# WOW!

## 25% OFF

**all classified ad rates!**

Text or display box,  
one time or  
multiple placements.

For details email:  
[ellisevansdesign@shaw.ca](mailto:ellisevansdesign@shaw.ca)

## PAINTING SERVICES

**HATE PAINTING?** We love it!

We also do repairs and small renos to make your home more functional and more beautiful.

Call us for reasonable rates and careful detailed work.

Insured, with +15 years experience!



403-830-4453  
[dage@shaw.ca](mailto:dage@shaw.ca)

## TRADE SHOW

**Momma's With A Mission!** Baby, body, face+other vendors. Business opportunities.  
Aug 16, 2-8pm; Aug 17, 9-4pm and Aug 18 10am-6pm at Tuxedo hall (202-29 Ave NE)

## WORK FROM HOME

Stem cell tech., anti-aging, & your home business. Enthusiastic positive people w/ a can-do attitude! [GRACETHISPLACE.COM](http://GRACETHISPLACE.COM)

# ELEVEN GREAT COMMUNITIES - ONE LOW PRICE!

## 'TEXT ONLY' CLASSIFIED ADS

First three lines .....\$79 (less than \$7.50/community)  
Each additional line ..... +\$15  
BOLD font..... +\$15  
Custom font ..... +\$20/line

**Over 31,500  
copies each  
edition**

### VALUE DISCOUNTS FOR FREQUENCY ADVERTISING

3 editions: 10% OFF 5 editions: 15% OFF 10 editions: 20% OFF  
*Text ads only. Prices do not include GST.*

## CLASSIFIED DISPLAY ADS (BOXES)

Regular Size - 1 edition ..... \$119 (+GST)  
Regular Size - 5 editions ..... \$479 (+GST)  
Regular Size - 10 editions ..... \$899 (+GST)  
Large Size - 1 edition..... \$169 (+GST)  
Large Size - 5 editions..... \$699 (+GST)  
Large Size - 10 editions..... \$1299 (+GST)

*Frequency discounts have been applied to multi-edition display rates.*

**E-mail: [ellisevansdesign@shaw.ca](mailto:ellisevansdesign@shaw.ca) or phone 403-276-8108 to place your ad!**

# Identifying hazards in products

## Health Canada Encourages Canadians to Report Health or Safety Concerns with Consumer Products

Many of us have experienced health or safety issues after coming into contact with a consumer product, such as a toy, household product or sporting good. These issues can arise for many reasons: the product did not function properly, it broke suddenly or was not properly labeled with important information. Health Canada is encouraging Canadians to play a role in identifying hazards in consumer products and reporting problems as soon as possible to the manufacturer, the retailer or to Health Canada.

By reporting hazardous products, you have the opportunity to protect others from injury by providing industry and Health Canada with the right information to take action as appropriate. In turn, the reporting of another consumer might just protect you from the hazards of an unsafe consumer product.

Common hazards and concerns with consumer products might include a child's toy that breaks and presents a choking, inhalation or ingestion hazard from small parts; electronics which may pose a risk of fire; sporting equipment which may not properly protect from injury; or household chemicals that are not appropriately packaged or labelled which may pose the risk of poisoning to children.

Under the *Canada Consumer Product Safety Act*, which came into effect in June 2011, industry has an obligation to sell, import, manufacture or advertise consumer products which do not pose a danger

to human health or safety. Industry also has an obligation to report to Health Canada when they become aware of an incident related to a product that they manufacture or sell. The Act provides Health Canada with stronger tools to investigate and take action when necessary to address health or safety hazards to Canadians from consumer products, which may include ordering the recall of products that do not comply with the law.

### If you have a health or safety concern with a consumer product, take action by contacting:

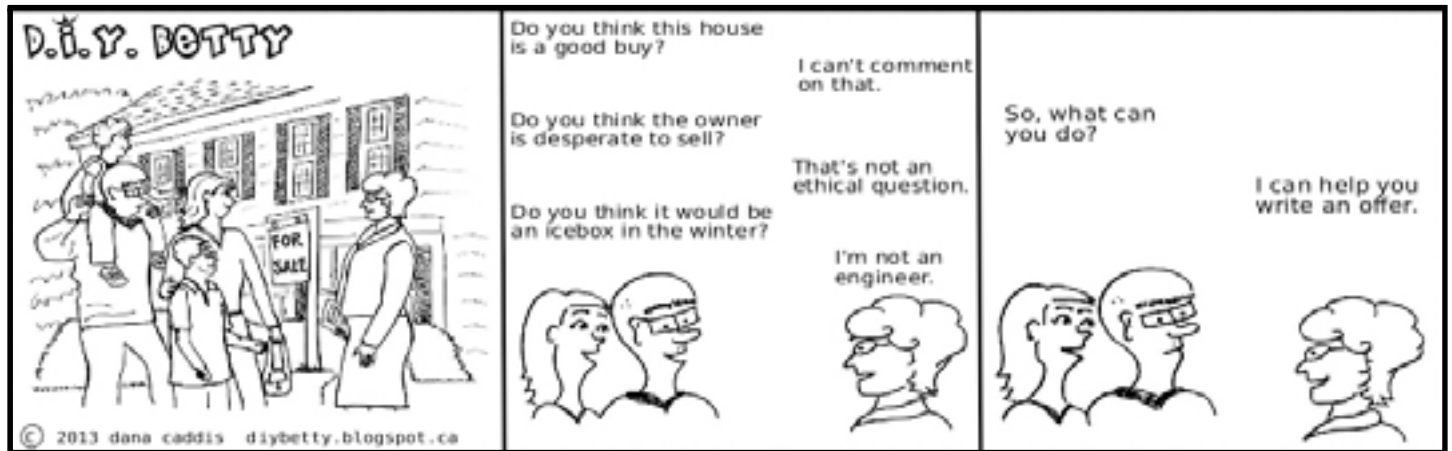
- the manufacturer of the product or the retailer from which the item was purchased; or
- Health Canada:
  - Online at [www.healthcanada.gc.ca/reportaproduct](http://www.healthcanada.gc.ca/reportaproduct);
  - By calling toll-free 1-866-662-0666.

All Canadians can play their part in consumer product safety and help keep loved ones of all ages safe - report any health and safety issue with a consumer product.

Follow @HealthCanada on Twitter for current, trusted and accurate information. #health #safety

For more information on the Canada Consumer Product Safety Act visit: [www.healthcanada.gc.ca/productsafety](http://www.healthcanada.gc.ca/productsafety)

For further information contact your nearest Health Canada Product Safety Office by phone at 1-866-662-0666 (toll-free) or email at [cps-spc@hc-sc.gc.ca](mailto:cps-spc@hc-sc.gc.ca) (please indicate the province or territory from which you are corresponding).



# UNDER THE BRIDGE FASHIONS

**Bridgeland's Fashion Boutique**

*All new fashions - all the time!*

**403-508-2033**

**Urban Cowgirl style & comfort!**



**Stampede fashions that convert to everyday wear the rest of the year!**

**36 - 4th Street NE**

1½ blocks north of Memorial Drive on southbound Edmonton Trail.

Mon: Noon-6pm

Tues to Thurs: 11am - 7pm

Fri: 11am-5pm

Sat: 10am-6pm Sun: Noon-4pm

**FREE On site Parking!**

## GENERAL FAMILY DENTISTRY

**New Patients Always Welcome!**



**Dr. Dale Rapske, BSc, DDS (Prof Corp.)**

**- Serving Calgarians for over 30 Years -**

# DEERFOOT DENTAL CENTRE

- Oral Surgery
- Teeth Whitening
- White Fillings
- Crown & Bridgework
- Root Canal Treatment
- Denturist On Site

**Direct-Billing to Insurance Available.**

**Hours:** Mon ..... 9am - 8pm  
Tue - Thur ..... 9am - 9pm  
Fri - Sat ..... by appointment

**403-275-9255**

**901 - 64 Ave NE - Deerfoot Mall**



**[www.deerfootdentalcentre.ca](http://www.deerfootdentalcentre.ca)**

**[info@deerfootdentalcentre.ca](mailto:info@deerfootdentalcentre.ca)**

# Generations

## CHIROPRACTIC

[www.generationschiropractic.com](http://www.generationschiropractic.com)

Chiropractic

Cold Laser Therapy

Craniosacral Therapy

Acupuncture

Massage Therapy



**FAMILY PRACTICE**

**513 McKnight Blvd NE 403~230~2559**

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